



Monday

HOT BAR

BBQ Pork Loin
Rice Pilaf
Vegetable Melange
Buffalo Wings
Potato Wedges
Steamed Greens
Honey Roasted Ham
Roasted Sweet Potatoes
Roasted Butternut Squash
Beef Bourguignon

ASIAN BAR

White Rice
Fried Rice
Crispy Sesame Chicken
Asian Beef with Snow Peas
Vegetable Lo Mein
Sautéed Cabbage

SOUPS

Du Jour

Tuesday

HOT BAR

Garlic Rosemary Pork Loin
Mashed Potatoes
Thyme Roasted Zucchini
Chicken Marsala
Mashed Potatoes
Green Beans
Baked Fish
Cranberry Rice
Vegetable Melange

TACO TUESDAY

Seasoned Taco Chicken Filling
Seasoned Taco Beef
Pork Carnitas
Mexican Rice
Cuban Black Beans
Sweet Corn
Refried Beans
Flour Tortillas

ASIAN BAR

White Rice
Fried Rice
Orange Chicken
Spicy Creamy Tofu
Vegetable Lo Mein
Sautéed Cabbage

SOUPS

Du Jour

Wednesday

HOT BAR

Fried Chicken
Macaroni and Cheese
Steamed Spinach
Baked Sausage Ziti
Roasted Italian Vegetables
Garlic Bread
Shepherd's Pie
Baked Beans
Lemon Pepper Broccoli
Baked Fish
Potatoes Au-Gratin
Roasted Root Vegetables
Fried Israeli Falafels
Warmed Pita
Yellow Rice

ASIAN BAR

White Rice
Fried Rice
Asian Beef and Broccoli
General Tso's Chicken
Vegetable Lo Mein
Sautéed Cabbage

SOUPS

Du Jour

Thursday

HOT BAR

Roasted Turkey
Thanksgiving Herb Stuffing
Turkey Gravy
Mashed Potatoes
Collard Greens
Creamy Pasta Carbonara
Home-Style Meatloaf
Spring Orzo Pilaf
Garlic Roasted Cauliflower
Sweet Thai Chili Pork Loin
Roasted Corn
Vegetable Melange
Spicy Chicken Curry
Curry Style Vegetable Rice
Apple Braised Cabbage

ASIAN BAR

Chef's Special

SOUPS

Du Jour

Friday

HOT BAR

Fried Seafood with Lemon
Hush Puppies
Creamed Spinach
Honey Chicken
Fried Okra
Roasted Rutabaga
Beef Stroganoff
Egg Noodles
Baked Pasta

ASIAN BAR

White Rice
Fried Rice
Jalapeño Wings
Beef and Broccoli
Vegetable Lo Mein
Sautéed Cabbage

SOUPS

Du Jour

This month's Wellness Theme is Earth Day-Every Day: Recycle meals to create new recipes. For nutritious recipes, wellness tips, and more, visit nutrition.ilcreations.com.